



## Physical Education Long Term Overview



### Class 1-One Year Cycle (Reception and Year 1)

|             | Autumn A                   | Spring A                            | Summer A                                           | Autumn B                   | Spring B                       | Summer B                               |
|-------------|----------------------------|-------------------------------------|----------------------------------------------------|----------------------------|--------------------------------|----------------------------------------|
| <b>EYFS</b> | <b>Introduction to P.E</b> |                                     |                                                    | <b>Introduction to P.E</b> |                                |                                        |
| <b>Y1</b>   | <b>Gymnastics</b>          | <b>Dance</b><br><b>Fundamentals</b> | <b>Ball Skills</b><br><b>Sending and Receiving</b> | <b>Gymnastics</b>          | <b>Dance</b><br><b>Fitness</b> | <b>Ball Skills</b><br><b>Athletics</b> |

### Class 2-Two Year Cycle (Year 2, Year 3)

| Autumn A                                          | Spring A                                                     | Summer A                                                   | Autumn B                                     | Spring B                                                     | Summer B                                     |
|---------------------------------------------------|--------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------|--------------------------------------------------------------|----------------------------------------------|
| <b>Ball Skills (Y3)</b><br><b>Gymnastics (Y2)</b> | <b>Swimming (10 weeks)</b><br><b>Fitness-short unit (Y2)</b> | <b>Striking and Fielding (Y2)</b><br><b>Athletics (Y2)</b> | <b>Hockey (Y3)</b><br><b>Gymnastics (Y3)</b> | <b>Swimming (10 weeks)</b><br><b>Fitness-short unit (Y3)</b> | <b>Cricket (Y3)</b><br><b>Athletics (Y3)</b> |

### Class 3-Two Year Cycle (Year 4, Year 5, Year 6)

| Autumn A                                             | Spring A                                   | Summer A                                             | Autumn B                                                   | Spring B                                       | Summer B                                               |
|------------------------------------------------------|--------------------------------------------|------------------------------------------------------|------------------------------------------------------------|------------------------------------------------|--------------------------------------------------------|
| <b>Netball</b><br><b>Hockey</b><br><b>Gymnastics</b> | <b>Swimming (10 weeks)</b><br><b>Dance</b> | <b>Rounders</b><br><b>Tennis</b><br><b>Athletics</b> | <b>Tag Rugby</b><br><b>Basketball</b><br><b>Gymnastics</b> | <b>Swimming (10 weeks)</b><br><b>Dodgeball</b> | <b>Football</b><br><b>Rounders</b><br><b>Athletics</b> |